

March 2009

CHENREZIG INSTITUTE – 33 Johnsons Road EUDLO QLD 4554 PH: 07 5453 2108
 Email: info@chenrezig.com.au or visit us on the web at: www.chenrezig.com.au

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	31 BSP Continues	○ = Full Moon ● = New Moon				1 Open Day Autumn Festival Celebrations See programme for details
2	3 BSP Continues 4.30pm QiGong	4 General Teaching with Geshe Jamyang 10:30am - 12:00pm 6pm Tara Puja	5 Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm	6 Buddhism in a Nutshell 1:15pm - 2:30pm 6pm Guru Puja	7 Discovering Buddhism How to Develop Bodhichitta With Ven Tsepal Commences 9.00am	8 Discovering Buddhism How to Develop Bodhichitta With Ven Tsepal Concludes 3.30pm
9	10 5:00am Precepts [○] BSP Continues 4.30pm QiGong 6pm Medicine Buddha Puja	11 Lam Rim Meditation 9am General Teaching with Geshe Jamyang 10:30am - 12:00pm Guided Meditation 6.30 - 7.30pm	12 Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm	13 Lam Rim Meditation 8,15am Buddhism in a Nutshell 1:15pm - 2:30pm 4.00pm Yoga	14 Facing Death & Living Life with Ven. Rigsal & the Cittamani Hospice Service Commences 9.00am	15 Facing Death & Living Life with Ven. Rigsal & the Cittamani Hospice Service Concludes 4.30pm
16	17 BSP Continues 4.30pm QiGong	18 Lam Rim Meditation 9am General Teaching with Geshe Jamyang 10:30am - 12:00pm Guided Meditation 6.30 - 7.30pm	19 Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm	20 Lam Rim Meditation 8,15am Buddhism in a Nutshell 1:15pm - 2:30pm 4.00pm Yoga	21 8 Verses of Thought Transformation With Geshe Jamyang Commences 9.00am 6pm Guru Puja	22 8 Verses of Thought Transformation With Geshe Jamyang Concludes 4.30pm
23	24 BSP Continues 4.30pm QiGong	25 Lam Rim Meditation 9am General Teaching with Geshe Jamyang 10:30am - 12:00pm Guided Meditation 6.30 - 7.30pm	26 5:00am Precepts● Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm	27 BSP Ends Lam Rim Meditation 8,15am Buddhism in a Nutshell 1:15pm - 2:30pm 4.00pm Yoga	28 How to Meditate With Ven Tsepal 9.00am - 4:30pm	29 Developing a good Heart With Geshe Jamyang and Venerable Tsepal 10.30am - 4:00pm

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<p>○ = Full Moon ● = New Moon</p>		<p>1 General Teaching with Geshe Jamyang 10:30am - 12:00pm</p>	<p>2 Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm</p>	<p>3 Buddhism in a Nutshell 1:15pm - 2:30pm 6:00pm Tara Puja</p>	<p>4 Discovering Buddhism How to Develop Bodhichitta Practice Day 9.00am - 3.30pm 6:00pm Guru Puja</p>	<p>5 Kids Dharma Club 10.15 - 12.00pm All about Karma - with Geshe Jamyang 10.30 - 12.00pm</p>
6	7	<p>8 General Teaching with Geshe Jamyang 10:30am - 12:00pm</p>	<p>9 5.00am Precepts○ Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm 6:00pm Medicine Buddha</p>	<p>10 Easter Course with Geshe Jamyang 'Mahamudra' Commences 9.00am</p>	<p>11 Easter Course Continues</p>	<p>12 Easter Course Continues</p>
<p>13 Easter Course Concludes</p>	<p>14 Mahamudra Retreat Commences</p>	<p>15 Mahamudra Retreat Continues Mani Retreat Commences</p>	<p>16 Mahamudra Retreat Continues Mani Retreat Continues</p>	<p>17 Mahamudra Retreat Continues Mani Retreat Continues</p>	<p>18 Mahamudra Retreat Continues Mani Retreat Continues</p>	<p>19 Mahamudra Retreat Concludes Mani Retreat Continues 6:00pm Guru Puja</p>
<p>20 Mani Retreat Continues</p>	<p>21 Mani Retreat Continues</p>	<p>22 The Nuts & Bolts of Karma with Ven. Tsepal 10:30am - 12:00pm Mani Retreat Continues</p>	<p>23 Guided Meditation 1:15pm - 1:45pm Mani Retreat Continues</p>	<p>24 Buddhism in a Nutshell 1:15pm - 2:30pm Mani Retreat Continues</p>	<p>25 4.30am Precepts● Rehearsal for Rinpoche</p>	<p>26 Rehearsal for Rinpoche</p>
<p>27 Mani Retreat Continues</p>	<p>28 Mani Retreat Continues</p>	<p>29 The Nuts & Bolts of Karma with Ven. Tsepal 10:30am - 12:00pm Mani Retreat Continues</p>	<p>30 Guided Meditation 1:15pm - 1:45pm Mani Retreat Concludes</p>			

