

# December 2008

CHENREZIG INSTITUTE – 33 Johnsons Road EUDLO QLD 4554 PH: 07 5453 2108  
 Email: [info@chenrezig.com.au](mailto:info@chenrezig.com.au) or visit us on the web at: [www.chenrezig.com.au](http://www.chenrezig.com.au)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> ○ = Full Moon ● = New Moon	<b>2</b>	<b>3</b> General Teaching with Geshe Jamyang 10:30am - 12:00pm	<b>4</b> Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm	<b>5</b> Buddhism for Beginners 1:15pm - 2:30pm 6:00pm Tara Puja	<b>6</b> Discovering Buddhism Samsara and Nirvana With Ven Tsepal Commences 9.00am	<b>7</b> Discovering Buddhism Samsara and Nirvana With Ven Tsepal Concludes 3.30pm 6pm Guru Puja
<b>8</b>	<b>9</b>	<b>10</b> General Teaching with Geshe Jamyang 10:30am - 12:00pm	<b>11</b> Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm	<b>12</b> 4:00am Precepts <sup>○</sup> Buddhism for Beginners 1:15pm - 2:30pm 6pm Medicine Buddha Puja	<b>13</b> Buddhist Tenets With Geshe Jamyang Commences 9.00am	<b>14</b> Buddhist Tenets With Geshe Jamyang Concludes 4.30pm Geshe Jamyang Public Talk at Millwell Road Maroochydore 6:00pm - 8:00pm
<b>15</b>	<b>16</b>	<b>17</b> General Teaching with Geshe Jamyang 10:30am - 12:00pm	<b>18</b> Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm	<b>19</b> Buddhism for Beginners 1:15pm - 2:30pm	<b>20</b> Buddhist Ritual with the Chenrezig Nuns 9.00am-4.00pm	<b>21</b> LAMA TSONG KHAPA DAY Golden Light Sutra 9.00am-12.00pm 6pm Extensive Guru Puja
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Centre Closed	<b>26</b> Green Tara Retreat Commences 7:00pm	<b>27</b> 4:00am Precepts ● Green Tara Retreat Continues	<b>28</b> Green Tara Retreat Continues
<b>29</b> Green Tara Retreat Continues	<b>30</b> Green Tara Retreat Continues	<b>31</b> Green Tara Retreat Concludes 7:30am				

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>○ = Full Moon ● = New Moon</p>			<p><b>1</b> Happy New Year!</p>	<p><b>2</b> Annual Ten Day Lam Rim Retreat With Geshe Jamyang <b>Commences 9:00am</b></p>	<p><b>3</b> Lam Rim Retreat Continues</p>	<p><b>4</b> Lam Rim Retreat Continues  <b>6:00pm Tara Puja</b></p>
<p><b>5</b> Lam Rim Retreat Continues</p>	<p><b>6</b> Lam Rim Retreat Continues  <b>6:00pm Guru Puja</b></p>	<p><b>7</b> Lam Rim Retreat Continues</p>	<p><b>8</b> Lam Rim Retreat Continues</p>	<p><b>9</b> Lam Rim Retreat Continues</p>	<p><b>10</b> Lam Rim Retreat Continues</p>	<p><b>11</b> <b>4.15am Precepts</b> ○ Annual Ten Day Lam Rim Retreat <b>Concludes 4.30pm</b>  <b>6:00pm Medicine Buddha Puja</b></p>
<p><b>12</b></p>	<p><b>13</b></p>	<p><b>14</b> General Teaching with Geshe Jamyang <b>10:30am - 12:00pm</b></p>	<p><b>15</b> Guided Meditation <b>1:15pm - 1:45pm</b> General Teaching with Geshe Jamyang <b>7:00pm - 8:30pm</b></p>	<p><b>16</b> Buddhism in a Nutshell Introduction to Buddhism With Ven Lhagsam <b>1:15pm - 2:30pm</b></p>	<p><b>17</b> Taming the Monkey Mind with Compassion With Ven Gyatso <b>Commences 9.00am</b></p>	<p><b>18</b> Taming the Monkey Mind with Compassion With Ven Gyatso <b>Concludes 4:00pm</b></p>
<p><b>19</b></p>	<p><b>20</b>  <b>6:00pm Guru Puja</b></p>	<p><b>21</b> General Teaching with Geshe Jamyang <b>10:30am - 12:00pm</b></p>	<p><b>22</b> Guided Meditation <b>1:15pm - 1:45pm</b> General Teaching with Geshe Jamyang <b>7:00pm - 8:30pm</b></p>	<p><b>23</b> Buddhism in a Nutshell Introduction to Buddhism With Ven Lhagsam <b>1:15pm - 2:30pm</b></p>	<p><b>24</b> Ten Innermost Jewels of the Kadampas With Choden Rinpoche <b>2:00pm - 5pm</b></p>	<p><b>25</b> <b>4.30am Precepts</b> ● Ten Innermost Jewels of the Kadampas With Choden Rinpoche <b>9am - 12pm</b></p>
<p><b>26</b> Maitreya Buddha Empowerment With Choden Rinpoche <b>Start time TBA</b></p>	<p><b>27</b></p>	<p><b>28</b> General Teaching with Geshe Jamyang <b>10:30am - 12:00pm</b></p>	<p><b>29</b> Guided Meditation <b>1:15pm - 1:45pm</b> General Teaching with Geshe Jamyang <b>7:00pm - 8:30pm</b></p>	<p><b>30</b> Buddhism in a Nutshell Introduction to Buddhism With Ven Lhagsam <b>1:15pm - 2:30pm</b></p>	<p><b>31</b></p>	

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>○ = Full Moon ● = New Moon</p>						1
2	3 <b>BSP Commences</b>  6pm Tara Puja	4 General Teaching with Geshe Jamyang 10:30am - 12:00pm  6pm Guru Puja	5 Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm	6 Buddhism in a Nutshell Introduction to Buddhism With Ven Lhagsam 1:15pm - 2:30pm	7 Discovering Buddhism Practice Day Samsara and Nirvana With Ven Tsepal 9.00am-3:30pm	8 Back Care for Meditators With Jane Shamrock 9:00am- 4:30pm
9 4:30 am Precepts  6:00pm Medicine Buddha Puja	10 <b>BSP Continues</b>  Joy & Energy on the Path With Ven Robina 6:00pm - 8:00pm	11 General Teaching with Geshe Jamyang 10:30am - 12:00pm Your Own Therapist With Ven Robina 7:00pm - 9:00pm in Noosa	12 Guided Meditation 1:15pm - 1:45pm  Wisdom at Work With Ven Robina 7:00pm - 9:00pm	13 Buddhism in a Nutshell With Ven Lhagsam 1:15pm - 2:30pm  Face Your Fear With Ven Robina 7:00pm - 9:00pm in Maroochydore	14 3 Attitudes to Change Your Life With Ven Robina <b>Commences 9.00am</b>	15 3 Attitudes to Change Your Life With Ven Robina <b>Concludes 4.30pm</b>
16	17 <b>BSP Continues</b>	18 General Teaching with Geshe Jamyang 10:30am - 12:00pm	19 Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm  5pm Guru Puja	20 Buddhism in a Nutshell Introduction to Buddhism With Ven Ani Marg 1:15pm - 2:30pm	21 Grounds and Paths With Geshe Jamyang <b>Commences 9.00am</b>	22 Grounds and Paths With Geshe Jamyang <b>Concludes 4:30pm</b>
23	24 4:45am Precepts  <b>BSP Continues</b>	25 4:45am Precepts <b>LOSAR</b> <b>Tibetan New Year Incense Puja 8am</b> General Teaching with Geshe Jamyang 10:30am - 12:00pm	26 Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7:00pm - 8:30pm	27 Buddhism in a Nutshell Introduction to Buddhism With Ven Ani Marg 1:15pm - 2:30pm	28 Golden Light Sutra Recitation 9.00am - 12.00pm  Working Bee in GoE 1.00pm - 4.00pm	