

# DECEMBER 2011

CHENREZIG INSTITUTE: 33 Johnsons Rd EUDLO 4554  
(07)5453 2108 info@chenrezig.com.au www.chenrezig.com.au

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>○ = Full Moon ● = New Moon</p>			<p><b>1 BSP Continues</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 11:30am</b></p> <p>Guided Meditation <b>1:15pm - 1:45pm</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p> <p>General Teaching with Geshe Jamyang <b>7pm - 8:30pm</b></p>	<p><b>2</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 11:30am</b></p> <p>Taste of Tibetan Buddhism <b>1:30pm - 2:45pm</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p> <p><b>6pm Tara Puja</b></p>	<p><b>3</b></p> <p>Buddhism in a Nutshell with Lozang Drolma <b>9am - 4:30pm</b></p> <p>Tibetan Medicine with Ani Nyidon <b>Commences 9:30am</b></p>	<p><b>4</b></p> <p><b>Open Day 9:30am - 3:30pm</b> འགྲུབ་ལོན་པ་དང་ལེགས་པ་ (Full details in the Newsletter)</p> <p>Tibetan Medicine with Ani Nyidon <b>Concludes 4:30pm</b></p> <p><b>6pm Guru Puja</b></p>
<p><b>5 BSP Continues</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 12noon</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p>	<p><b>6</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 11:30am</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p>	<p><b>7</b></p> <p>General Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>General Teaching <b>6:30pm - 7:30pm</b></p> <p><b>In Maroochydhore Meditation/Discussion 6pm - 7pm</b></p>	<p><b>8</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 11:30am</b></p> <p>Guided Meditation <b>1:15pm - 1:45pm</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p> <p>General Teaching with Geshe Jamyang <b>7pm - 8:30pm</b></p>	<p><b>9</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 11:30am</b></p> <p>Taste of Tibetan Buddhism <b>1:30pm - 2:45pm</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p>	<p><b>10</b></p> <p><b>Precepts 4:15am○</b></p> <p>DB: Transforming Problems with Tenzin Tsepel <b>Commences 9am</b></p> <p>Art of Enlightenment with Ray Furminger <b>9am - 4:30pm</b></p> <p><b>6pm Medicine Buddha Puja</b></p>	<p><b>11</b></p> <p>DB: Transforming Problems with Tenzin Tsepel <b>Concludes 3:30pm</b></p> <p>Tibetan Community Concert <b>From 4:30pm</b></p>
<p><b>12 BSP Continues</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 12noon</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p>	<p><b>13</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 11:30am</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p>	<p><b>14</b></p> <p>General Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>General Teaching <b>6:30pm - 7:30pm</b></p> <p><b>In Maroochydhore Meditation/Discussion 6pm - 7pm</b></p>	<p><b>15</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 11:30am</b></p> <p>Guided Meditation <b>1:15pm - 1:45pm</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p> <p>General Teaching with Geshe Jamyang <b>7pm - 8:30pm</b></p>	<p><b>16</b></p> <p><b>BSP Concludes</b></p> <p>BSP Teaching with Jampa Ignyen <b>10:30am - 11:30am</b></p> <p>Taste of Tibetan Buddhism <b>1:30pm - 2:45pm</b></p> <p>BSP Teaching with Jampa Ignyen <b>3pm - 4pm</b></p>	<p><b>17</b></p> <p>The Power of Purification with Geshe Jamyang <b>Commences 9am</b></p>	<p><b>18</b></p> <p>The Power of Purification with Geshe Jamyang <b>Concludes 4:30pm</b></p>
<p><b>19</b></p>	<p><b>20</b></p> <p><b>Lama Tsongkhapa Day</b> 9am Golden Light Sutra 2pm Extensive Offerings Preparation</p> <p><b>6pm Guru Puja</b></p>	<p><b>21</b></p> <p>General Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>General Teaching <b>6:30pm - 7:30pm</b></p> <p><b>In Maroochydhore Meditation/Discussion 6pm - 7pm</b></p>	<p><b>22</b></p> <p>Guided Meditation <b>1:15pm - 1:45pm</b></p> <p>General Teaching with Geshe Jamyang <b>7pm - 8:30pm</b></p>	<p><b>23</b></p> <p>Taste of Tibetan Buddhism <b>1:30pm - 2:45pm</b></p>	<p><b>24</b></p> <p><b>Precepts 4:30am●</b></p> <p>Sanghata Sutra Writing <b>9am - 3pm</b></p>	<p><b>25</b></p>
<p><b>26</b></p> <p><b>Vajrasattva Retreat Commences 5:30pm</b></p>	<p><b>27</b></p> <p><b>Vajrasattva Retreat</b></p>	<p><b>28</b></p> <p><b>Vajrasattva Retreat</b></p>	<p><b>29</b></p> <p><b>Vajrasattva Retreat</b></p>	<p><b>30</b></p> <p><b>Vajrasattva Retreat</b></p>	<p><b>30</b></p> <p><b>Vajrasattva Retreat</b></p>	<p><b>31</b></p> <p><b>Vajrasattva Retreat Concludes 9am</b></p>

# JANUARY 2012

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>30</b> ○ = Full Moon ● = New Moon	<b>31</b> 6pm Tara Puja  In Maroochydore Buddhism in a Nutshell 10am - 11:30am Meditation/Discussion 1pm - 2pm DB: All About Karma 6pm - 7:30pm					<b>1</b>           6pm Tara Puja
<b>2</b>   Kopan Downunder Commences 7pm	<b>3</b>   Kopan Downunder   6pm Guru Puja	<b>4</b>   Kopan Downunder	<b>5</b>   Kopan Downunder	<b>6</b>   Kopan Downunder	<b>7</b>   Kopan Downunder	<b>8</b>   Kopan Downunder
<b>9</b> Precepts 4:30am○  Kopan Downunder  6pm Medicine Buddha Puja	<b>10</b>   Kopan Downunder	<b>11</b>   Kopan Downunder	<b>12</b>   Kopan Downunder	<b>13</b>   Kopan Downunder	<b>14</b>   Kopan Downunder	<b>15</b>   Kopan Downunder Concludes 12noon  Refuge Ceremony From 2:30pm
<b>16</b>	<b>17</b>	<b>18</b>   General Teaching with Geshe Jamyang 10:30am - 12noon  6pm Guru Puja	<b>19</b>   Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7pm - 8:30pm	<b>20</b>   Taste of Tibetan Buddhism 1:30pm - 2:45pm	<b>21</b>   Taming the Wild Mind with Renate Ogilvie Commences 9am  Art of Enlightenment with Ray Furminger 9am - 4:30pm	<b>22</b>   Taming the Wild Mind with Renate Ogilvie Concludes 4:30pm
<b>23</b> Precepts 4:45am●	<b>24</b>	<b>25</b>   General Teaching with Geshe Jamyang 10:30am - 12noon Meditation/Discussion 6:30pm - 7:30pm	<b>26</b>   Guided Meditation 1:15pm - 1:45pm General Teaching with Geshe Jamyang 7pm - 8:30pm	<b>27</b>   Taste of Tibetan Buddhism 1:30pm - 2:45pm	<b>28</b>   The Mind App with Renate Ogilvie and Lozang Tsultrim Commences 9am	<b>29</b>   The Mind App with Renate Ogilvie and Lozang Tsultrim Concludes 4:30pm

# FEBRUARY 2012

CHENREZIG INSTITUTE: 33 Johnsons Rd EUDLO 4554  
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>○ = Full Moon ● = New Moon</p>		<p><b>1</b></p> <p>General Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>Meditation/Discussion <b>6:30pm - 7:30pm</b></p> <p><b>In Maroochydore</b> Meditation/Discussion <b>6pm - 7pm</b></p>	<p><b>2</b></p> <p>Guided Meditation <b>1:15pm - 1:45pm</b></p> <p><b>5pm Guru Puja</b></p> <p>General Teaching with Geshe Jamyang <b>7pm - 8:30pm</b></p>	<p><b>3</b></p> <p>Taste of Tibetan Buddhism <b>1:30pm - 2:45pm</b></p>	<p><b>4</b></p> <p>Yes, You Can Meditate! with Lozang Jhampa <b>9am - 4:30pm</b></p> <p>Tibetan Medicine with Ani Nyidon <b>Commences 9:30am</b></p>	<p><b>5</b> <b>First Sundays</b> 10:15am Dharma Club 10:30am Public Talk</p> <p>Afternoon Tea with the Lamas <b>2pm - 3:30pm</b></p> <p>Tibetan Medicine with Ani Nyidon <b>Concludes 4:30pm</b></p> <p><b>6pm Dzambhala Puja</b></p>
<p><b>6</b></p>	<p><b>7</b> Precepts 5am○ <b>6pm Medicine Buddha Puja</b></p> <p><b>In Maroochydore</b> Buddhism in a Nutshell <b>10am - 11:30am</b></p> <p>Meditation/Discussion <b>1pm - 2pm</b></p> <p>DB: All About Karma <b>6pm - 7:30pm</b></p>	<p><b>8</b></p> <p>General Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>Meditation/Discussion <b>6:30pm - 7:30pm</b></p> <p><b>In Maroochydore</b> Meditation/Discussion <b>6pm - 7pm</b></p>	<p><b>9</b></p> <p>Guided Meditation <b>1:15pm - 1:45pm</b></p> <p>General Teaching with Geshe Jamyang <b>7pm - 8:30pm</b></p>	<p><b>10</b></p> <p>Taste of Tibetan Buddhism <b>1:30pm - 2:45pm</b></p>	<p><b>11</b></p> <p>DB: Transforming Problems Retreat with Tenzin Tsepal <b>Commences 9am</b></p>	<p><b>12</b></p> <p>DB: Transforming Problems Retreat with Tenzin Tsepal <b>Concludes 3:30pm</b></p>
<p><b>13</b></p> <p><b>BSP Commences</b></p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p>	<p><b>14</b></p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p><b>In Maroochydore</b> Buddhism in a Nutshell <b>10am - 11:30am</b></p> <p>Meditation/Discussion <b>1pm - 2pm</b></p> <p>DB: All About Karma <b>6pm - 7:30pm</b></p>	<p><b>15</b></p> <p>General Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>Meditation/Discussion <b>6:30pm - 7:30pm</b></p> <p><b>In Maroochydore</b> Meditation/Discussion <b>6pm - 7pm</b></p>	<p><b>16</b></p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>Guided Meditation <b>1:15pm - 1:45pm</b></p> <p><b>5pm Guru Puja</b></p> <p>General Teaching with Geshe Jamyang <b>7pm - 8:30pm</b></p>	<p><b>17</b></p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>Taste of Tibetan Buddhism <b>1:30pm - 2:45pm</b></p>	<p><b>18</b></p> <p>Beginning with the Truth with Geshe Jamyang <b>Commences 9am</b></p> <p>Art of Enlightenment with Ray Furminger <b>9am - 4:30pm</b></p>	<p><b>19</b></p> <p>Beginning with the Truth with Geshe Jamyang <b>Concludes 4:30pm</b></p>
<p><b>20</b></p> <p><b>BSP Continues</b></p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p>	<p><b>21</b></p> <p>Precepts 5am●</p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p><b>In Maroochydore</b> Buddhism in a Nutshell <b>10am - 11:30am</b></p> <p>Meditation/Discussion <b>1pm - 2pm</b></p> <p>DB: All About Karma <b>6pm - 7:30pm</b></p>	<p><b>22</b> Losar!! <b>Lama Yeshe Day</b> Precepts 5am Stupa Making From 9am</p> <p>General Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p><b>6pm Shakyamuni Buddha Puja</b> Lama Yeshe DVD From 7:30pm</p> <p><b>In Maroochydore</b> Meditation/Discussion <b>6pm - 7pm</b></p>	<p><b>23</b></p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>Guided Meditation <b>1:15pm - 1:45pm</b></p> <p>General Teaching with Geshe Jamyang <b>7pm - 8:30pm</b></p>	<p><b>24</b></p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>Taste of Tibetan Buddhism <b>1:30pm - 2:45pm</b></p> <p>Refuge and Karma: A Meditation Retreat with TY <b>Commences 7pm</b></p>	<p><b>25</b></p> <p>Living Ethically with Lozang Tsultrim <b>Commences 9am</b></p> <p>Refuge and Karma: A Meditation Retreat with TY <b>Continues</b></p>	<p><b>26</b></p> <p>Living Ethically with Lozang Tsultrim <b>Concludes 4:30pm</b></p> <p>Refuge and Karma: A Meditation Retreat with TY <b>Concludes 4:30pm</b></p>
<p><b>27</b></p> <p><b>BSP Continues</b></p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p>	<p><b>28</b></p> <p>BSP Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p><b>In Maroochydore</b> Buddhism in a Nutshell <b>10am - 11:30am</b></p> <p>Meditation/Discussion <b>1pm - 2pm</b></p> <p>DB: All About Karma <b>6pm - 7:30pm</b></p>	<p><b>29</b></p> <p>General Teaching with Geshe Jamyang <b>10:30am - 12noon</b></p> <p>Meditation/Discussion <b>6:30pm - 7:30pm</b></p> <p><b>In Maroochydore</b> Meditation/Discussion <b>6pm - 7pm</b></p>				